

# Robitussin

## About Cold and Flu

- More than 200 different viruses are known to cause the symptoms of the common cold. Most adults are likely to have a common cold 2 to 4 times a year, resulting in about 15 million lost workdays.
- The flu is caused by influenza viruses that infect the throat, nose and lungs. On average, 5% to 20% of the population get the flu annually.
- Most healthy adults may be able to infect others beginning 1 day before symptoms develop and up to 5 to 7 days after becoming sick.

## About Cough

- Cold and flu are among the main contributors to cough. Coughing is the body's way of keeping the airways clear of mucus and irritants such as dust or smoke.
- When you get sick, your body often produces more mucus, which can get thick and stuck in your lungs and airways, causing a cough. This makes it hard to breathe and easy to get infections. Toward the end of a cold, a dry, hacking cough may develop. A prolonged cough can also cause unpleasant side effects, such as chest pain, difficulty sleeping and lightheadedness.
- A non-prescription cough medicine with an expectorant and cough suppressant, such as certain Robitussin® products, will help by keeping the mucus secretions easily expelled while the cough suppressant helps you bring your cough under greater control.

## About Robitussin® and its Products

- Robitussin is the #1 doctor recommended adult cough medicine brand, with a variety of products available over-the-counter to treat cough, cold and flu symptoms. Formulations are available for daytime and nighttime relief.
- For more product information and full product labeling, visit [www.Robitussin.com](http://www.Robitussin.com).

### Robitussin® Cough + Chest Congestion DM Max



*Controls and relieves a frequent cough, plus thins and loosens mucus to relieve chest congestion, offering twice the strength against mucus in a non-drowsy formula*

- Uses: Treats cough, chest congestion/mucus
- Dosage: Adults and children 12 years and older should take 2 teaspoons every 4 hours
- Active ingredients (in each 5 mL tsp): Dextromethorphan HBr (10mg) and guaifenesin (200mg)

### Robitussin® Cough + Chest Congestion DM (also comes in sugar-free)



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- Active ingredients (in each 5 mL tsp): Dextromethorphan HBr (10mg) and guaifenesin (100mg)

### Robitussin® Multi-Symptom Cold Maximum Strength



*Designed for the peak stage of a cold, this formula relieves mucus/chest congestion while also relieving coughing and nasal congestion*

- Uses: Treats cough, nasal congestion and chest congestion/mucus
- Dosage: Adults and children 12 years and older should take 2 teaspoons every 4 hours
- Active ingredients (in each 5 mL tsp): Dextromethorphan HBr (10mg), phenylephrine HCl (5mg) and guaifenesin (200mg)

### Robitussin® Multi-Symptom Cold



*Relieves nasal congestion, coughing and chest congestion in a formula that contains an expectorant, a nasal decongestant and cough suppressant all in one*

- Uses: Treats cough, nasal congestion and chest congestion/mucus
- Dosage: Adults and children 12 years and older should take 2 teaspoons every 4 hours
- Active ingredients (in each 5 mL tsp): Dextromethorphan HBr (10mg), guaifenesin (100mg), and phenylephrine HCl (5mg)

### Robitussin® Multi-Symptom Cold Nighttime



*This nighttime formula relieves headaches, body aches, fever, nasal congestion, sneezing and runny nose while you sleep*

- Uses: Treats cough, chest congestion/mucus
- Dosage: Adults and children 12 years and older should take 4 teaspoons every 4 hours
- Active ingredients (in each 5 mL tsp): Acetaminophen (160mg), diphenhydramine HCl (6.25mg) and phenylephrine HCl (2.5mg)

### **Robitussin® Cold + Flu Daytime**



*Relieves the symptoms associated with a cold or flu with a non-drowsy formula*

- Uses: Treats cough, nasal congestion, sore throat, body ache, fever
- Dosage: Adults and children 12 years and older should take 2 capsules every 4 hours
- Active ingredients (in each capsule): Acetaminophen (325mg), dextromethorphan HBr (10mg) and phenylephrine HCl (5mg)

### **Robitussin® Cold + Flu Nighttime**



*Relieves the symptoms associated with a cold or flu to help you get to sleep*

- Uses: Treats cough, sore throat, runny nose, sneezing, body ache, fever
- Dosage: Adults and children 12 years and older should take 2 capsules every 6 hours
- Active ingredients (in each capsule): Acetaminophen (325mg), dextromethorphan HBr (15mg) and doxylamine succinate (6.25mg)

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