

# Shining a light on the need for vitamin D

## Did You Know?

Leading experts believe up to **77%** of Americans have insufficient levels of vitamin D, thus increasing their risk for falls and fractures.



As the body ages, it needs more vitamin D, but is less able to produce the nutrient from the sun.



Experts agree, vitamin D is an essential nutrient that maximizes the body's absorption of calcium, which helps support healthy bones, joints and muscles.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[Click here to learn more](#)